

EN



## Gevorest Sleep Environment

The space in which we sleep must be pleasing to the eye and meet the specific conditions required for a calm body and mind. This translates to a dark, quiet, comfortable, and cool space which brings about feelings of ultimate tranquillity.

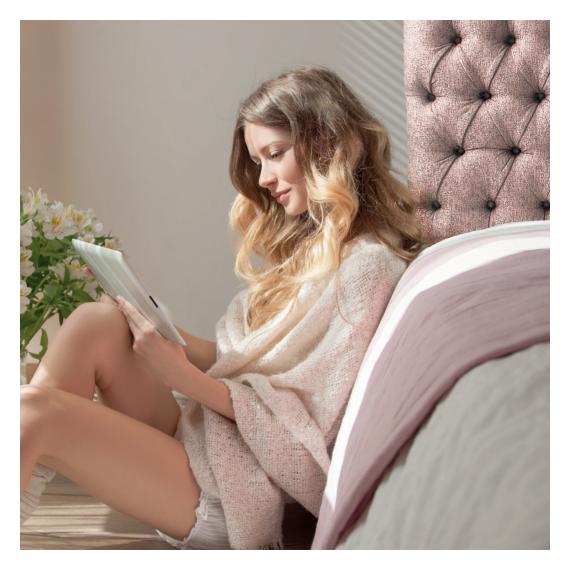
... The personal space in which we spend our most intimate and beautiful moments... This is where we rest, relax, 'play,' and feel calm.

This is where our family's history is "written"...

## "Gevorest Sleep Environment": Trust your senses!

When creating the ideal bedroom for the best possible sleep quality, we must keep in mind the following:

- Mattress and Pillow: Carefully chosen, and always used with a protective cover.
   Make sure that both your mattress and pillow of your choice support your neck and spine correctly, are comfortable, and meet your own personal needs.
- Base (Divan): A uniform flat surface, necessary for the correct function of the mattress.



- "Dress Up" Your Bedroom: Take your time selecting bedsheets and pillowcases.
   There are thousands of designs, combinations and colours which will bring character, beauty, and light to your bedroom!
   Pay special attention to fabrics. They must be soft and feel pleasant to the touch.
   Textures that are inviting will create a perfect oasis for you to sink into.
- **Light:** Light will 'wake up' your brain long before the rest of your body awakens. Make sure your bedroom is as dark as possible.
- **Sound:** Keep out irritating sounds with double glazed windows
- Smell: Good ventilation is especially important for healthy sleep. We must ideally
  keep our window open or partially open while we sleep. Airing out your living spaces
  correctly and regularly is absolutely necessary. Of course, you must avoid smoking
  inside the house at all costs, especially within the bedroom.
- **Temperature:** A bedroom that is too hot or too cold will certainly disrupt your sleep. Therefore, adjust the temperature accordingly using your bed linens (soft sheets, bedspread, warm blankets, and quilts).
- **Colours:** Paint your walls in soft tones of warm or neutral colours, and inject more intense colour with your decorative objects as well as your sleep products (mattress, base, headboard and bed linens).

And... add "Art to your Sleep" by choosing a Headboard. A "fashionable" headboard can make all the difference to the look of your bedroom... much like a Work of Art!



## "Art in Your Sleep"

A room with a headboard will typically look more formal than a room without, no matter the style of the headboard itself. The style element helps to create a more 'put-together' look in the bedroom.

It isn't necessary to exactly match the colours or materials of other pieces but your headboard should complement accents and furnishings in the room. Use this large, visually striking piece to express your own creativity and style.

A headboard is much more than a design element. It can serve as the backboard behind pillows and its padding can make you feel more comfortable while sitting. Some reading before bed can help fight insomnia. Fans of this practice can enjoy the sturdy support of the headboard, thus making their favourite habit even more pleasant. The soft padding as well as the fact that there are no sharp ends on our headboards, is also the reason why it is much safer for children to 'play around' on the bed.

A traditional wood headboard made of leather, suede or canvas will add both function and style to any bedroom.

By switching your headboard instead of your whole space, you can create a new look (for a decent price) every 2-3 years.

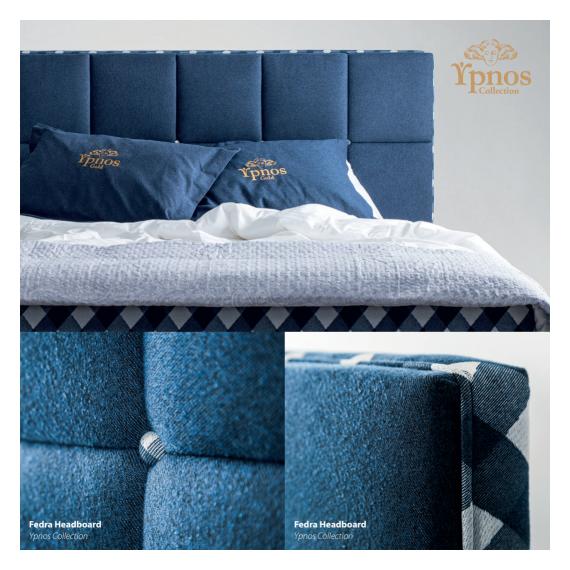
Your choice of headboard creates an identity for the space in which you spend the most important moments of your life; **where your family's history is "written".** 



























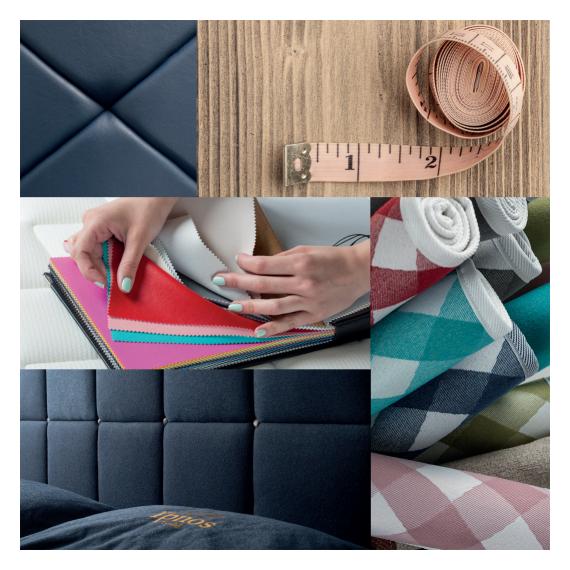






Mandalena Headboard (with or without buttons) Anesis Collection





## Infinite Options

#### You may choose the following for your headboard:

- **Design** select the design which best suits your bedroom concept from the Ypnos, Relax and Anesis collections.
- Size select the headboard width according to your needs. You may even choose a headboard that is larger than the size of your mattress and base. Select the headboard height according to the layout of your bedroom (windows, sockets).
- Fabric Quality You may choose from suede, leather and canvas.
- **Colour** unlimited colour options... a colourful splash for your bedroom!

# Gevorest

#### **NICOSIA**

#### Athalassa Store

Athalassis Avenue 95 Tel: 22587122

#### Egkomi Store

October 28th Street 23, Egkomi Tel 22587121

#### **Latsia Store**

Giannos Kranidiotis 100, Latsia Tel 22587107

#### Aglantzia Store

Larnacos Avenue 52, Aglantzia Tel 22587108

#### **LIMASSOL**

#### Kolonakiou Store

Kolonakiou str. 54, Ag. Athanasios Tel: 22587125 – 22587134

#### **Makedonias Store**

Spyrou Kyprianou Avenue 57 Tel: 22587106

#### West Limassol Store

Paphou Street 6 Tel: 22587136

#### MY MALL Store

285 Franklin Roosevelt, MY MALL 1st floor, Tel: 22587135

#### **LARNACA**

#### Larnaca Store

Spyrou Kyprianou Avenue & Agioi Anargiroi Avenue Tel: 22587124

#### **PAPHOS**

#### **Paphos Store**

Mesogis Avenue 17B Tel: 22587126

#### Kings Avenue Mall Store

Tombs of the Kings 2, 1st floor, Tel: 22587140

#### PARALIMNI

### Paralimni Store

Sotiros Avenue 14 Tel · 22587127