

# ART IN SLEEP



**Gevorest**



# Sleeping Environment Gevorest

## Trust your senses!

There are many who believe a good night's sleep depends only on a very good mattress. The truth though is that in Gevorest a good mattress is only the beginning! Our bedroom, apart from just the place where we sleep, is also the place where we share intimate moments, thoughts and feelings. This is why Gevorest makes sure that you can create this space exactly as you dream, giving you plenty of options in headboards, bases, nightstands and bed linen in different colours and designs.

A bedroom is our private place, where we spend the most intimate and beautiful moments of our lives, where we can relax, calm down, play and rest. This is where our family's story is being written.

In order to enjoy a high quality sleep every single night, you need the perfect bedroom. Some basic elements essential to achieve this, are the following:

- **Mattress and Pillow:** They have to be carefully selected after a thorough try out, and always be used with a protective cover. Make sure they offer the right support to your spine and your neck, are comfortable and fulfil your personal needs.
- **Base (Divan):** A single undivided flat surface is necessary for the mattress to fit correctly. The right combination of base and mattress provides the ultimate comfort and the ideal support.
- **Bed Linen:** Dress your bedroom nicely! Gevorest can offer you a big variety of designs, patterns and colours that will make your bedroom shine! Pay attention



to the fabrics you will choose. They should be soft and give your body a pleasant sensation. The right texture creates an ideal oasis, where you will want to dive into.

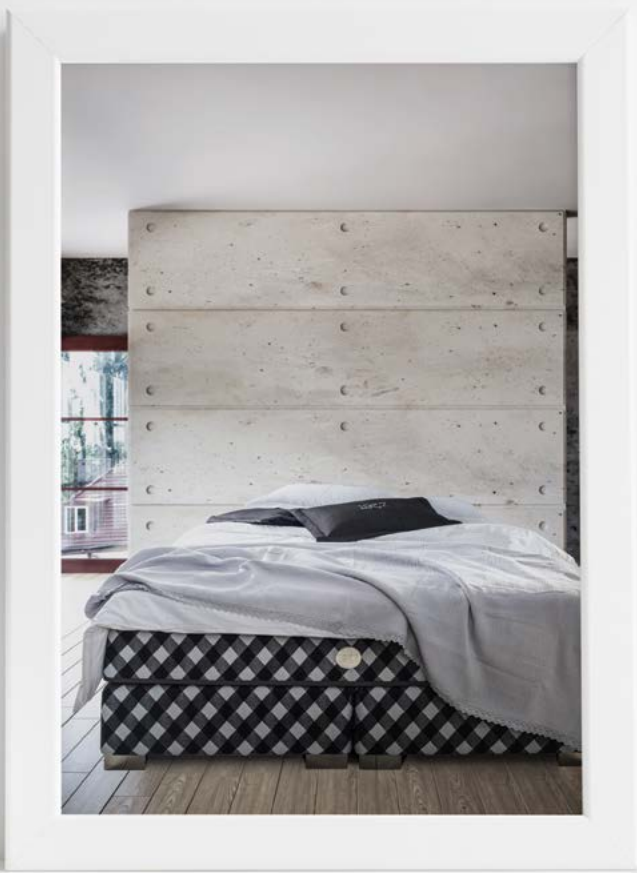
- **The Lighting:** Light can “awaken” our brain long before it awakens our body. Keep your bedroom as dark as possible.
- **The Noise:** Try to isolate as much as possible noises coming from inside and outside the bedroom.
- **The Smell:** Good ventilation is also very important for a healthy sleep. Ideally, you should sleep with a window fully or half open. The right, regular ventilation of the space we live in is in any case necessary. And, of course, smoking should always be avoided inside the house and be completely banned from the bedroom.
- **The Temperature:** A very warm or very cold bedroom is certain to disturb your sleep. That is why you should set up your bedroom’s temperature appropriately and choose the appropriate bed linen for the time of year (soft bed sheets, bedspread, warm blankets and duvets).
- **The Colours:** Paint the walls in light hues of warm or natural colours and complete the décor with some vivid colours on various accessories as well as on your sleeping products (mattress, base, headboard and bed linen).

Add “**Art in your Sleep**” by choosing your Headboard: A tasteful headboard can make a huge difference in your bedroom’s appearance... just like an Art Painting!





**Alkistis Headboard**  
*Ygnos Collection*





# “Art in your Sleep”

A bedroom with tasteful aesthetics, soft and pleasurable bed linen, the right lighting, and furniture matching the space, can be the ideal refuge after a hard day. Every element in the space has its importance, from the nightstand to the headboard – even the colour on the walls.

Make sure you choose light, “quiet” colours for the bedroom walls, that allow your mind and body to rest peacefully after a long, difficult day.

You should select the furniture according to your style but be careful not to “overload” the space, so that you don’t provide your brain with too much stimulation. The bed’s headboard can function as a centerpiece, which will reflect your personal style and creativity.

The selection of bed linen, pillows, sheets and quilts gives out the bedroom’s character. Their colour combinations should make you feel relaxed and cosy, while their texture should give you a feeling of softness and rest.

By changing even one element in your bedroom instead of re-decorating the whole room, you can enjoy a new look every 2-3 years, in the room where we all have our most important moments. There, where our family’s story is being written.



# Infinite choices...

## Infinite combinations

At Gevorest you can find a vast variety of choices for every little thing in your bedroom.

Starting from the bed itself \*, you are given the opportunity to choose the following:

- a) The mattress and pillow that suit you best, always after a thorough try out.
- b) The type of base you want for your bed, size, height, colour and fabric, as well as design and height for the foot.
- c) Complete the design of your bed by choosing a headboard according to your personal taste, enjoying various combinations. Choose the design, the size, the quality of the fabric and the colour, and give a unique character to your bedroom!

“Dress” your bed, by choosing the bed linen that best work for you, from a huge variety of patterns, combinations and beautiful colours that you can find in the Gevorest Sleep Centres.

The bedroom is your own personal space, so we make sure that it’s your favourite place in the home!

\* Sizes can also be made to order



Dare to dream!

It stands out thanks to its unique design and its attractive appearance, while being made of high-quality materials.

Ypnos Collection offers you the opportunity to choose among fabrics of different patterns and colours, so that you can truly transform your bedroom into something uniquely yours.

**Headboards:** Eris, Ifigeneia, Alkistis, Ioli, Semeli, Sofia.

**Single flat surface bases with independent springs:** Sen, Sueno, Sova, Somnus.





Ioli Headboard  
Sen Base





Ypnos  
Collection



Alikistis Headboard  
Sueno Base



**Ifigenia Headboard**  
**Sova Base**  
**The Keeper Side table**



  
**Ypnos**  
Collection





**Sofia Headboard**  
**Somnus Base**



Ypnos  
Collection



  
**Ypnos**  
Collection



**Eris Headboard**  
**Sen Base**





Ypnos  
Collection





Semeli Headboard  
Essential Side table



# Relax COLLECTION

## Detail, simplicity, finesse

Relax Collection is a modern but timeless suggestion with unique characteristics and special attention to detail, simplicity and finesse.

It stands out for that special feeling it gives your space – the romantic atmosphere that it creates, with its elegant, quiet, relaxing hues of colour.

**Headboards:** Ira, Ifigenia, Artemis, Dafni, Electra, Ariadne.

**Single flat surface base with independent springs:** Nuvem.







**Electra Headboard**  
**Nuvem Base**

Relax  
COLLECTION



Dafni Headboard  
Nuvem Base



Relax  
COLLECTION



Ariadne Headboard

**Ifigenia Headboard**



**Ira Headboard**



**Artemis Headboard**



*Anesis*  
Collection

## Harmony and simplicity!

Anesis Collection is characterised by a simple, linear design of high aesthetics.

Light colours combined with soft, symmetric forms, give out a feeling of calmness and elegance.

**Headboards:** Mandalena, Estia, Alexandra, Athena.

**Single flat wooden surface bases:** Natt, Nuit, Noche.





Mandalena Headboard

*Anesis*  
Collection



**Estia Headboard**

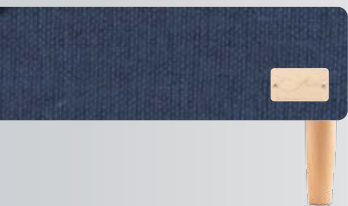
**Mandalena Headboard**



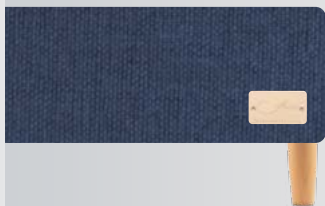
**Mandalena Headboard with buttons**



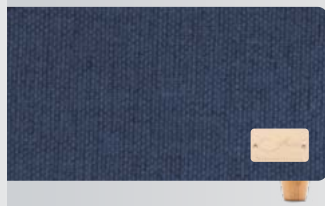




**Natt Base**



**Nuit Base**



**Noche Base**

*Anesis*  
Collection



Estia Headboard

**Alexandra Headboard**



**Athena Headboard**



# SPECIALTY

Collection

Smart and  
practical solutions!

Specialised bases, ideally  
designed to provide easy  
and simple solutions for  
your bedroom.

**Sleepover** with base  
extension for guests

**Spacesaver** with drawers  
for additional storage  
space

**Warehouse** with storage  
mechanism for keeping  
bed linen

**Flexirest** with electrical  
mechanism for adjusting  
the bed





Sleepover Base

# Sleepover

- Adjustable single surface base for extending existing base
- Ideal solution for guests
- The additional single surface base has legs that can be open, thus can reach the height of the main base
- Suitable for every type of mattresses



# Spacesaver

- Base with drawers
- Ideal solution for additional storage space
- Suitable for all types of mattresses



# Warehouse

- Ideal solution for additional storage space
- Base with large storage space in two options, depth 20cm and 25cm
- Easy to open and close without moving the mattress
- Suitable for all types of mattresses





# Flexirest

- Adjustable base with electrical reclining
- 3 reclining functions that provide flexibility and relaxation
- Remote control adjusted
- Suitable for people with mobility problems
- To be combined with mattresses without springs







A SLEEP QUALITY STORY SINCE 1967

To us, a good sleep is a necessary requirement for a healthier, happier life. At Gevorest, we serve quality sleep. We don't simply produce mattresses, but we create the perfect environment that benefits sleep quality, a commodity worthy to invest in.

At Gevorest, we combine science and design towards producing products that provide the foundation for a good, healthy sleep experience. To achieve the best sleep quality, three things are necessary: base, mattress, pillow. The perfect combination that contributes to the absorption and elimination of pressure on the body, aiming always to the alignment of the spinal cord with the neck.

It is recommended that you thoroughly try products out with the help of a Gevorest specialised Sleep Consultant, before buying.



## SLEEP CENTRES

### **NICOSIA**

#### **Athalassa Store**

95, Athalassas Avenue  
Tel: 22587122

#### **Egkomi Store**

23, October 28<sup>th</sup> Str., Egkomi  
Tel: 22587121

#### **Latsia Store**

100, Giannos Kranidiotis Str., Latsia  
Tel: 22587107

#### **Aglantzia Store**

98, Kyrinias Avenue  
Platy Aglantzias  
Tel: 22587108

#### **Nicosia Mall Store**

2, Madrid Street, Lakatamia  
Nicosia Mall, Ground floor  
Tel: 22587111

### **LIMASSOL**

#### **Kolonakiou Store**

54, Kolonakiou Street  
Agios Athanasios  
Tel: 22587125 – 22587134

#### **Makedonias Store**

57, Spyrou Kyprianou Avenue  
Tel: 22587106

#### **West Limassol Store**

6, Paphou Street  
Tel: 22587136

#### **MY MALL Store**

285, Franklin Roosevelt Avenue  
1<sup>st</sup> floor, Tel: 22587135

### **PARALIMNI**

#### **Paralimni Store**

14, Sotiros Avenue  
Tel: 22587127

### **LARNACA**

#### **Larnaca Store**

Spyrou Kyprianou Avenue  
& Agioi Anargiroi Avenue  
Tel: 22587124

#### **Metropolis Mall Store**

European Union 5  
Metropolis Mall  
Tel: 22587144

### **PAPHOS**

#### **Paphos Store**

17B, Mesogis Avenue  
Tel: 22587126

#### **Kings Avenue Mall Store**

2, Tombs of the Kings Avenue  
1<sup>st</sup> floor, Tel: 22587140



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